

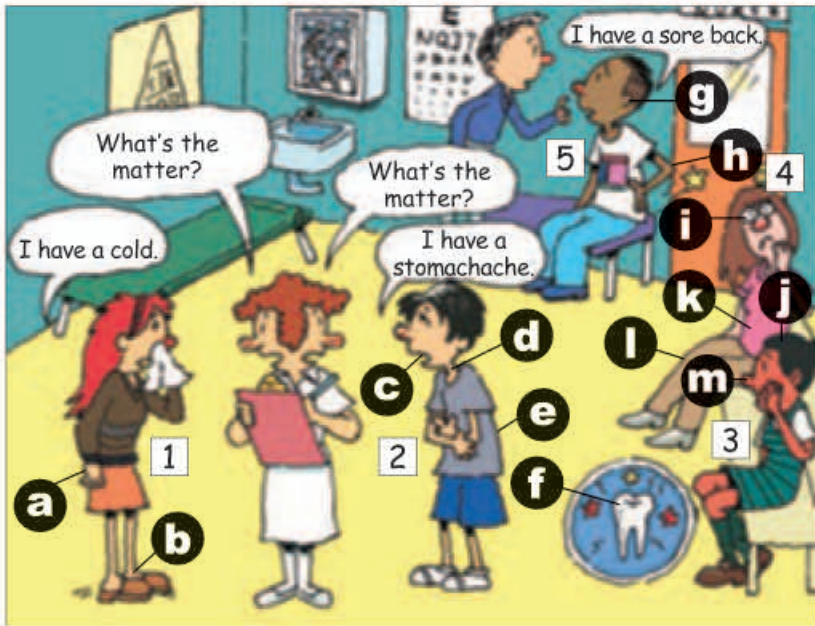
UNIT 1



Section
A

Language Goals:
Talk about health problems and accidents;
Give advice

What's the matter?



- 1a** Look at the picture. Write the correct letter [a–m] for each part of the body.

h arm	back	ear	eye	foot
hand	head	leg	mouth	
neck	nose	stomach	tooth	

- 1b** Listen and look at the picture. Then number the names [1–5].

Nancy _____ Sarah 1 David _____
Ben _____ Judy _____

- 1c** Look at the picture. What are the students' problems? Make conversations.

A: What's the matter with Judy?

B: She talked too much yesterday and didn't drink enough water. She has a very sore throat now.

2a

Listen and number the pictures [1–5] in the order you hear them.



2b

Listen again. Match the problems with the advice.

- | | |
|--------------------------|-----------------------------------|
| 1. fever | a. lie down and rest |
| 2. stomachache | b. drink some hot tea with honey |
| 3. cough and sore throat | c. see a dentist and get an X-ray |
| 4. toothache | d. take your temperature |
| 5. cut myself | e. put some medicine on it |

2c

Make conversations using the information in 2a and 2b.

A: What's the matter?
B: My head feels very hot.
A: Maybe you have a fever ...
B: ...

2d

Role-play the conversation.

Mandy: Lisa, are you OK?
Lisa: I have a headache and I can't move my neck. What should I do? Should I take my temperature?
Mandy: No, it doesn't sound like you have a fever. What did you do on the weekend?
Lisa: I played computer games all weekend.
Mandy: That's probably why. You need to take breaks away from the computer.
Lisa: Yeah, I think I sat in the same way for too long without moving.
Mandy: I think you should lie down and rest. If your head and neck still hurt tomorrow, then go to a doctor.
Lisa: OK. Thanks, Mandy.

- 3a** Read the passage. Do you think it comes from a newspaper or a book? How do you know?

Bus Driver and Passengers Save an Old Man

At 9:00 a.m. yesterday, bus No. 26 was going along Zhonghua Road when the driver saw an old man lying on the side of the road. A woman next to him was shouting for help.

The bus driver, 24-year-old Wang Ping, stopped the bus without thinking twice. He got off and asked the woman what happened. She said that the man had a heart problem and should go to the hospital. Mr. Wang knew he had to act quickly. He told the passengers that he must take the man to the hospital. He expected most or all of the passengers to get off and wait for the next bus. But to his surprise, they all agreed to go with him. Some passengers helped Mr. Wang to move the man onto the bus.



Thanks to Mr. Wang and the passengers, the man was saved by the doctors in time. "It's sad that many people don't want to help others because they don't want any trouble," says one passenger. "But the driver didn't think about himself. He only thought about saving a life."

- 3b** Read the passage again and check (✓) the things that happened in the story.

1. _____ Wang Ping was the driver of bus No. 26 at 9:00 a.m. yesterday.
2. _____ Bus No. 26 hit an old man on Zhonghua Road.
3. _____ The old man had a heart problem and needed to go to the hospital right away.
4. _____ The passengers on the bus did not want to go to the hospital, so only Wang Ping went with the woman and old man.
5. _____ Some passengers helped to get the old man onto the bus.
6. _____ The old man got to the hospital in time.

- 3c** Discuss the questions with a partner.

1. Why was Wang Ping surprised that the passengers agreed to go to the hospital with him?
2. Did the passengers think Wang Ping did the right thing? How do you know?
3. Do you agree that people often do not help others because they do not want to get into trouble? Why or why not?

**Grammar
Focus**

What's the matter?	I have a stomachache.	You shouldn't eat so much next time.
What's the matter with Ben?	He hurt himself. He has a sore back.	He should lie down and rest.
Do you have a fever?	Yes, I do./No, I don't./I don't know.	
Does he have a toothache?	Yes, he does.	He should see a dentist and get an X-ray.
What should she do?	She should take her temperature.	
Should I put some medicine on it?	Yes, you should./No, you shouldn't.	

4a Fill in the blanks and practice the conversations.

- A: I hurt _____ when I played basketball yesterday. What _____ I do?
B: You _____ see a doctor and get an X-ray.
- A: _____ the matter?
B: My sister and I _____ sore throats. _____ we go to school?
A: No, you _____.
- A: _____ Mike _____ a fever?
B: No, he _____. He _____ a stomachache.
A: He _____ drink some hot tea.

4b Circle the best advice for these health problems. Then add your own advice.

- Jenny cut herself. She should (get an X-ray / put some medicine on the cut).
My advice: _____.
- Kate has a toothache. She should (see a dentist / get some sleep).
My advice: _____.
- Mary and Sue have colds. They shouldn't (sleep / exercise).
My advice: _____.
- Bob has a sore back. He should (lie down and rest / take his temperature).
My advice: _____.

4c One student mimes a problem. The other students in your group guess the problem and give advice.

Name	Problem	Advice
Liu Peng	fall down	go home and rest

- A: What's the matter? Did you hurt yourself playing soccer?
B: No, I didn't.
C: Did you fall down?
B: Yes, I did.
D: You should go home and get some rest.

Section B

1a

When these accidents happen, what should you do?
Put the actions in order.



- ___ Go to the hospital.
- ___ Get an X-ray.
- ___ Rest for a few days.



- ___ Press the sides of your nose.
- ___ Put your head down.
- ___ Clean your face.



- ___ Put a bandage on it.
- ___ Run it under water.
- ___ Put some medicine on it.

1b

Listen to the school nurse. Check (✓) the problems you hear.

Problems		Treatments	Problems		Treatments
Someone felt sick.	✓	b, c	Someone had a nosebleed.		
Someone cut his knee.			Someone hurt his back.		
Someone had a fever.			Someone got hit on the head.		

1c

Listen again. Write the letter of each treatment next to the problems you checked in the chart above.

- a. put a bandage on it
- b. took his temperature
- c. told him to rest
- d. put some medicine on it
- e. took him to the hospital to get an X-ray
- f. told her to put her head down

1d

Role-play a conversation between the nurse and the teacher. Use the information in 1b and 1c.

- A: Who came to your office today?
B: First, a boy came in. He hurt himself in P.E. class.
A: What happened?
B: ...

- 2a** Accidents or problems can sometimes happen when we do sports. Write the letter of each sport next to each accident or problem that can happen.

A = soccer B = mountain climbing C = swimming

____ fall down ____ have problems breathing ____ get hit by a ball
____ get sunburned ____ cut ourselves ____ hurt our back or arm

- 2b** Read the passage and underline the words you don't know. Then look up the words in a dictionary and write down their meanings.

He Lost His Arm But Is Still Climbing

Aron Ralston is an American man who is interested in mountain climbing. As a mountain climber, Aron is used to taking risks. This is one of the exciting things about doing dangerous sports. There were many times when Aron almost lost his life because of accidents. On April 26, 2003, he found himself in a very dangerous situation when climbing in Utah.



On that day, Aron's arm was caught under a 360-kilo rock that fell on him when he was climbing by himself in the mountains. Because he could not free his arm, he stayed there for five days and hoped that someone would find him. But when his water ran out, he knew that he would have to do something to save his own life. He was not ready to die that day. So he used his knife to cut off half his right arm. Then, with his left arm, he bandaged himself so that he would not lose too much blood. After that, he climbed down the mountain to find help.

After losing his arm, he wrote a book called *Between a Rock and a Hard Place*. This means being in a difficult situation that you cannot seem to get out of. In this book, Aron tells of the importance of making good decisions, and of being in control of one's life. His love for mountain climbing is so great that he kept on climbing mountains even after this experience.

Do we have the same spirit as Aron? Let's think about it before we find ourselves "between a rock and a hard place", and before we have to make a decision that could mean life or death.

Finding the Order of Events

Writers describe events in a certain order. Finding the order of the events will help you understand what you are reading.

Words

Meanings

2c Read the statements and circle True, False or Don't Know.

1. Aron almost lost his life three times because of climbing accidents.	TRUE	FALSE	DON'T KNOW
2. Aron had a serious accident in April 2003.	TRUE	FALSE	DON'T KNOW
3. Aron ran out of water after three days.	TRUE	FALSE	DON'T KNOW
4. Aron wrote his book before his serious accident.	TRUE	FALSE	DON'T KNOW
5. Aron still goes mountain climbing.	TRUE	FALSE	DON'T KNOW

2d Read the passage again and answer the questions.

1. Where did the accident happen on April 26, 2003?
2. Why couldn't Aron move?
3. How did Aron free himself?
4. What did Aron do after the accident?
5. What does "between a rock and a hard place" mean?

2e Put the sentences in the correct order. Then use them to tell Aron's story to your partner. Try to add other details from the reading.

- _____ On April 26, 2003, he had a serious mountain climbing accident.
- _____ Aron loves mountain climbing and doesn't mind taking risks.
- _____ Aron did not give up after the accident and keeps on climbing mountains today.
- _____ He wrote a book about his experience.
- _____ Aron lost half his right arm from the 2003 accident.

3a Imagine you are the school nurse and a student just had an accident or a health problem. Make notes about what he/she should and shouldn't do.

Accident or health problem	He/She should	He/She shouldn't

- 3b** Write a conversation between the nurse and the student using the notes in 3a. Use the questions and phrases below to help you.

*What's the matter?/What happened?/Are you OK?
No, I don't feel well./I feel ... /I have a ... /Should I ... ?
You should ... /You shouldn't ...
fell down/got hit by ... /cut myself/hurt my ...*

Nurse: _____

Student: _____

Nurse: _____

Student: _____



Self Check

- 1** Write different health problems next to the body parts. Then write more health problems you know of.

Head: _____
Back: _____
Throat: _____
Tooth: _____
Stomach: _____
Other problems: _____

- 2** Put these questions and answers in order to make a conversation.

___ I hurt myself playing soccer. I have a sore leg.	___ What should I do?
___ I think you should see a doctor and get an X-ray.	___ OK, thanks. I'll do that now.
___ What's the matter?	___ Oh, that doesn't sound good.

- 3** Write advice for these people.

1. Problem: Alan cut himself.

Advice: _____

2. Problem: Cindy has a headache.

Advice: _____

3. Problem: My cousins have bad colds.

Advice: _____

4. Problem: Jack hurt his back playing volleyball.

Advice: _____